

Questions to Ask Your Doctor

Take these questions with you the next time you visit your doctor. He or she will be able to help you understand more about diabetes and what you need to do to manage it.

What does my diagnosis mean?

How often will I need check-ups?

Should I see a diabetes educator?

Should I see an endocrinologist for my care?

What's the best type of blood glucose meter for me?

How can I learn to use my blood glucose meter?

How often should I check my blood glucose level?

When should I call your office about my blood glucose levels?

What was my latest A1C result? What does it mean?

What does the result mean?

What can I do to keep my blood glucose level on target?

How often should I get the A1C test?

How can I prevent my blood glucose from getting too low?

When should I check my blood glucose level?

What out-of-pocket costs might I have to be prepared to spend?