

## Questions to Ask Your Doctor

Write your questions down in a notebook and take it with you when you visit your doctor. That way you won't forget! Here are some sample questions you may want to consider:

What is this medication supposed to do? How will I know it's working and how soon should I expect to see results?

How often do I need to take this medication?

How should I store this medication?

What are the risks and benefits of each of my medications and other treatment options?

What side effects should I expect with my medication? When should I call the doctor if I'm experiencing side effects?

How much does my medication cost? Is it covered by my insurance plan?

If not, is a generic alternative available? If so, will the generic version work as well as the name brand version?

Will this medication affect other medications that I take? If so, which ones?

What should I do if I forget to take any of my diabetes medications?

Are there certain foods, drinks, supplements or other medications I should avoid while taking this medication? Are there any activities (e.g., smoking, driving, operating heavy machinery, sun exposure) I should avoid while taking this medication?

Will taking this medication affect my sleep?

Can I stop taking this medication if I start to feel better?

If so, or if there are problems with side effects or interactions with other medications, how should I stop taking this medication?